# **NEW RECOMMENDATIONS** FOR STROKE SURVIVORS

Physician societies around the world have updated their guidelines to support percutaneous closure of a patent foramen ovale (PFO) to prevent stroke recurrence in select patients <sup>1-6</sup>



### LESS RISK FOR STROKE SURVIVORS LIVING WITH PFO

#### PFO IS THE LIKELY CAUSE OF MORE STROKES THAN PREVIOUSLY RECOGNIZED

- Approximately **5%** of all ischemic strokes and **10%** of those occurring in young and middle-aged adults are associated with a PFO<sup>7</sup>.
- 80% of strokes of unknown cause in patients with a Risk of Paradoxical Embolism (RoPE) score of 7 or greater are due to a PFO<sup>7</sup>.

#### **CLINICAL IMPLICATIONS FROM RECENT GUIDELINES UPDATES**<sup>1,2</sup>

#### **PFO closure may be recommended for people < 60 years of age<sup>1</sup>**:

- When stroke is thought to be caused by a PFO and no other mechanism has been identified.
- After discussing the potential benefits and risks.

#### PFO closure may be offered for people 60-65 years of age<sup>1</sup>:

- After a thorough evaluation, including monitoring for atrial fibrillation.
- With very limited degree of traditional vascular risk factors (hypertension, diabetes, hyperlipidemia, smoking).
- In whom no other mechanism of stroke has been detected.

#### PFO closure may be recommended in patients 18-60 years of age<sup>2</sup>:

- When stroke is thought to be caused by a PFO with high-risk anatomic features, such as atrial septal aneurysm and/or large shunt.
- If PFO is considered low risk anatomically and RoPE Score has been factored into clinical decision.

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### HOW TO KNOW IF A PFO IS THE LIKELY CAUSE

### HIGHER ROPE SCORES POINT TO PFO AS A CAUSATIVE MECHANISM FOR STROKE<sup>8</sup>

<b>RoPE SCORE CALCULATOR</b>	POINTS	SCORE
CHARACTERISTIC	Select all that apply	
No history of hypertension	1	
No history of diabetes	1	
No history of stroke or TIA	1	
Non-smoker	1	
Cortical infarct on imaging	1	
AGE (YEARS)	Select the one that applies	
AGE (YEARS) 18-29	Select the one that applies 5	
AGE (YEARS) 18-29 30-39	Select the one that applies 5 4	
AGE (YEARS)         18-29         30-39         40-49	Select the one that applies 5 4 3	
AGE (YEARS)         18-29         30-39         40-49         50-59	Select the one that applies 5 4 3 2	
AGE (YEARS)         18-29         30-39         40-49         50-59         60-69	Select the one that applies 5 4 3 2 1	
AGE (YEARS)         18-29         30-39         40-49         50-59         60-69         ≥70	Select the one that applies 5 4 3 2 1 0	

SUM OF INDIVIDUAL POINTS	Add up your total score from	n above
Maximum score (patient <30 y.o. without vascular risk factors, no history of stroke or TIA, and cortical infarct)		10
Minimum score (patient >70 y.o. with vascular risk factors, prior stroke, and no cortical infarct)		0

TOTAL R₀PE SCORE	PREVALENCE OF PFO (%)	PFO-ATTRIBUTED FRACTION (%)
7	54	72
8	67	84
9-10	73	88

### WHY PFO CLOSURE? WHY NOW?

An expanded body of evidence and a review of existing clinical evidence prompted physician societies around the globe to support percutaneous PFO closure to reduce the risk of recurrent stroke. The most recent societies to recommend PFO closure are the American Academy of Neurology and the American Heart Association/American Stroke Association. Here's closure look at their recommendations.



#### AHA/ASA RECOMMENDATIONS<sup>2</sup>

- Closure recommended for patients 18-60 with nonlacunar stroke and PFO with high risk anatomical characteristics over anti-platelet medication alone.
- Joint decision making between patient, neurologist and cardiologist is recommended to determine if PFO closure is appropriate for recurrent stroke prevention.

### WHAT'S THE OUTLOOK POST-PFO CLOSURE?

Events including non-periprocedural atrial fibrillation (summary rate difference 0.33% per year [95% CI 0.04% to 0.65%]), were self-limited and of uncertain long-term clinical consequence given the lower rate of stroke in patients whose PFO was closed.<sup>1</sup>

After a median of 5.9 years follow up, data show no difference in the rate of new-onset non-periprocedural atrial fibrillation between participants receiving closure and those receiving medical treatment (difference 0.14% [95% CI, -0.9% to -0.4%]).<sup>1</sup>

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### PFO CLOSURE: A SAFE, SAME-DAY PROCEDURE WITH LIFE CHANGING OUTCOMES

MINIMALLY INVASIVE, CATHETER-BASED PROCEDURE

- SHORT PROCEDURE TIME
- PROCEDURE DOES NOT REQUIRE GENERAL ANESTHESIA

USUALLY AN OUTPATIENT PROCEDURE

 $\checkmark$ 

CAN REDUCE THE NUMBER OF ONGOING ANTITHROMBOTIC MEDICATIONS AS SOON AS ONE MONTH AFTER CLOSURE

"This little device has completely been life changing for me. The doctors who recommended it and put it in my body...I'm forever grateful."

- Christine, stroke at age 33

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### EFFECTIVE PFO CLOSURE MADE EASIER<sup>9</sup>, WITH THE AMPLATZER<sup>™</sup> TALISMAN<sup>™</sup> PFO OCCLUDER

#### **EXTENSIVE EXPERIENCE**



#### **OVER 180,000 PATIENTS TREATED GLOBALLY<sup>10</sup>**

**#1 device selected** for PFO closure

An unmatched track record with over two decades of experience Offering a wide range of device sizes Optimized for most patient anatomies

#### **CONFIDENCE IN CLOSURE**



>94% CLOSURE RATE<sup>+</sup> at 6 months in RESPECT trial<sup>11</sup>

LONG-TERM PATIENT FOLLOW-UP11\*

5,810 patient-years of data

5.9 years average patient follow up **EXCELLENT SAFETY**<sup>11\*</sup>

**O** device-related events

< 1% AF

PARTNER WITH AN INTERVENTIONAL CARDIOLOGIST TO INCORPORATE PFO CLOSURE INTO YOUR PRACTICE.

## HOW TO OFFER PFO CLOSURE FOR STROKE SURVIVORS

INTEGRATE PFO CLOSURE INTO YOUR NEUROLOGY PRACTICE WITH THIS THREE-STEP PROCESS:





COLLABORATE WITH AN INTERVENTIONAL CARDIOLOGIST TO SELECT APPROPRIATE PATIENTS



### PRESENT PFO CLOSURE AS AN OPTION TO YOUR PATIENTS

\* Rates calculated based on data in final publication. CLOSE Trial data not included as follow-up patient-years was not reported. In RESPECT, serious AF was adjudicated by an independent board of physicians.

† Effective Closure

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**CAUTION**: This product is intended for use by or under the direction of a physician. Prior to use, reference the Instructions for Use, inside the product carton (when available) or at eifu.abbottvascular.com or at medical.abbott/manuals for more detailed information on Indications, Contraindications, Warnings, Precautions and Adverse Events.

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